

PSYCHOLOGY | 4-YEAR PLAN (as of Fall 2024)

Abbreviation Legend

- DET = Degree Expected Term
- ECP = Expected Cumulative Progress
- UD = Upper-Division (Course # 100-199)
- Prep = Major Preparation Course
- Reqs = Requirements

Notes

All major preparation courses must be completed by the end of the Fall quarter of the student's 3rd year.

Psychology classes are restricted based off of major and class standing. There is a difference between pre-major and major standing.

Students can only declare or apply for the major once final grades for all preparation courses are posted to the DAR.

Major-specific questions? Connect with a Psychology department advisor. For all other requirements, connect with your College or School advisor.

YEAR 1 - Fall	Units	Winter	Units	Spring	Units	Summer	Units
Psychology 10	4	Psychology Major Prep*	4	Psychology Major Prep*	5	QR	4
GE	5	Psychology Major Prep*	5	Psychology Major Prep*	5	GE	5
English Composition 2 (ELWR)	5	English Composition 3 (Writing I)	5	Writing II	5		
Quarter units:	14	Quarter units:	14	Quarter units:	15	Quarter units:	9
		ECP target (27):	28	Cumulative units:	43	Cumulative units:	52
YEAR 2 - Fall	Units	Winter	Units	Spring	Units	Summer	Units
Psychology 100A UD	4	Psychology 100B UD	5	Diversity / UD Elective	4	GE	5
AHI / GE	5	GE	5	Elective	4		
Elective	4	Elective	4	FL Level 3 (satisfies FL)	4		
FL Level 1	4	FL Level 2	4				
Quarter units:	17	Quarter units:	18	Quarter units:	12	Quarter units:	5
ECP target (56):	69	Cumulative units:	87	ECP target (86):	99	Cumulative units:	104
YEAR 3 - Fall	Units	Winter	Units	Spring	Units	Summer	Units
Psychology UD	4	Psychology UD	4	Psychology UD	4		
Psychology UD	4	Psychology UD	4	Psychology UD	4		
GE	5	GE	5	GE	5		
Quarter units:	13	Quarter units:	13	Quarter units:	13	Quarter units:	0
Cumulative units:	117	ECP target (116):	130	Cumulative units:	143	Cumulative units:	143
YEAR 4 - Fall	Units	Winter	Units	Spring	Units	Summer	Units
Psychology UD	4	Psychology UD	4	Psychology UD	4		
Psychology UD	4	UD Elective	4	UD Elective	4		
GE	5	Elective	4	GE	5		
Quarter units:	13	Quarter units:	12	Quarter units:	13	Quarter units:	0
ECP target (148):	156	Cumulative units:	168	ECP target (180):	181	Cumulative units:	181

DISCLAIMER

- This is a sample program plan. Your program plan will differ depending on previous credit earned, your course schedule, and available course offerings.
- Students are strongly advised to work with an academic advisor to create a personal program plan. See 'Resources' sheet for how to contact your College/School or department advisor.
- Students who earned credit for courses taken prior to matriculation may be able to reduce their courseload or avoid taking summer classes if they have enough elective units to graduate.
- Students who enter UCLA as a freshman may choose to complete a Freshman Cluster to satisfy 5 requirements (4 GEs and Writing II) with 3 classes. Freshman Clusters also carry Honors credit.
- This plan is as of Fall 2024 - please be sure to consult with the College and Department Advisor to confirm the current degree and major requirements.

*Note: Major preparation courses may also overlap with a College or GE requirement. Consult with an academic advisor for strategic program planning or questions.

PSYCHOLOGY | 3-YEAR PLAN (as of Fall 2024)

Abbreviation Legend
 DET = Degree Expected Term
 ECP = Expected Cumulative Progress
 UD = Upper-Division (Course # 100-199)
 Prep = Major Preparation Course
 Reqts = Requirements

Notes

All major preparation courses must be completed by the end of the Fall quarter of the student's 2nd year.

Psychology classes are restricted based off of major and class standing. There is a difference between pre-major and major standing.

Students can only declare or apply for the major once final grades for all preparation courses are posted to the DAR.

Major-specific questions? Connect with a Psychology department advisor. For all other requirements, connect with your College or School advisor.

YEAR 1 - Fall	Units
Psychology 10	4
Psychology Major Prep*	5
GE	5
English Composition 2 (ELWR)	5
Quarter units:	19

Winter	Units
Psychology Major Prep*	4
Psychology Major Prep*	5
GE/AH&I	5
English Composition 3 (Writing I)	5
Quarter units:	19
ECP target (27):	38

Spring	Units
Psychology Major Prep*	5
QR	4
Writing II/GE	5
Quarter units:	14
Cumulative units:	52

Summer	Units
Psychology 100A UD	4
Psychology 100B UD	5
GE	5
Quarter units:	14
Cumulative units:	66

YEAR 2 - Fall	Units
Diversity / UD Elective	4
Elective	4
GE	5
FL Level 1	4
Quarter units:	17
ECP target (56):	83

Winter	Units
Psychology UD	4
Psychology UD	4
GE	5
FL Level 2	4
Quarter units:	17
Cumulative units:	100

Spring	Units
Psychology UD	4
Psychology UD	4
GE	5
FL Level 3 (satisfies FL)	4
Quarter units:	17
ECP target (86):	117

Summer	Units
GE	5
GE	5
Quarter units:	10
Cumulative units:	127

YEAR 3 - Fall	Units
Psychology UD	4
Psychology UD	4
GE	5
Elective	5
Quarter units:	18
Cumulative units:	145

Winter	Units
Psychology UD	4
Psychology UD	4
UD Elective	4
Quarter units:	12
ECP target (116):	157

Spring	Units
Psychology UD	4
Psychology UD	4
UD Elective	5
Quarter units:	13
Cumulative units:	170

Summer	Units
Elective	5
Elective	5
Quarter units:	10
Cumulative units:	180

Units	Units
Quarter units:	0
ECP target (148):	180

Units	Units
Quarter units:	0
Cumulative units:	180

Units	Units
Quarter units:	0
ECP target (180):	180

Units	Units
Quarter units:	0
Cumulative units:	180

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RESOURCES

DEGREE PLANNING CHECKLIST	NOTES
A minimum of 180 total units	Combination of lower and upper division units
A minimum of 60 upper-division units	Upper-division (UD) = courses numbered 100-199
All University requirements	Entry Level Writing (ELWR) American History and Institutions (AHI)
All College of Letters and Science (L&S) requirements	Writing I (WI) Writing II (WII) Quantative Reasoning (QR) Foreign Language (FL) Diversity (DVL) General Education (GE) (aka Foundations of Knowledge)
Psychology Preparation and Major Requirements	https://www.psych.ucla.edu/undergraduate/psychology-undergraduate-advising/majors-minors/psychology-major/
All Minor / Specialization requirements (if applicable)	20 unique units for the minor(s)
Graduate / Professional School requirements (if applicable)	Research admission requirements for programs of interest
GPA Requirement	A cumulative GPA of a 2.0 is required. Most majors will also require a minimum major/minor GPA of a 2.0. Please check with the major/minor department for any additional GPA/grade requirements.

PROGRAM PLANNING TOOLS	WHAT TO USE THEM FOR	LINK
Degree Audit Report (via MyUCLA)	Track progress and model requirements for different majors and/or minors	https://myucla.it.ucla.edu/StudentWebMVC/app/academic/degree-progress-report
Schedule of Classes	Explore and plan for classes; similar to Class Planner, but with an advanced filter feature	https://sa.ucla.edu/ro/public/soc
Term Calendar	Find detailed dates and deadlines for each term of the current academic year	https://registrar.ucla.edu/term-calendar
Summer Sessions Calendar	Find key academic dates and deadlines specific to Summer Sessions	https://summer.ucla.edu/calendar/key-academic-dates/
Tassels to the Left	Explore sample program plans of various majors	https://www.ugeducation.ucla.edu/degreepath/

RESOURCES

Transferology	Find classes at other colleges that transfer to UCLA	https://transferology.com/index.htm
Pre-Health Services	Find resources for pre-health students including the pre-health course requirement worksheet	https://prehealth.ucla.edu/plan-your-courses/

CAMPUS DEPARTMENTS	LINK
Undergraduate Academic Advising in the College of L&S: 1. Academic Advancement Program (AAP) 2. College Academic Counseling (CAC) 3. Honors Programs (HON) 4. Student Athletics (ATH)	https://advising.ucla.edu/advising-units/
If you are a student in a professional school, please contact your School's academic advising unit.	
Psychology Department Advising	https://www.psych.ucla.edu/undergraduate/psychology-undergraduate-advising/
Career Center	https://career.ucla.edu/undergrad
Center for Accessible Education (CAE)	https://cae.ucla.edu/students/
International Education Office (IEO)	https://ieo.ucla.edu/contact/
Registrar's Office (RO)	https://registrar.ucla.edu/contacts-hours
Summer Sessions	https://summer.ucla.edu/student-types/current-ucla-and-uc-students/
Undergraduate Research Center - Sciences	https://sciences.ugresearch.ucla.edu/
Undergraduate Research Center - Humanities / Arts / Social Sciences (URC HASS)	https://hass.ugresearch.ucla.edu/
Undergraduate Writing Center	https://uwc.ucla.edu/